

## Comments from some participants

My Tres Dias weekend brought me closer to the Lord. I know now that I can trust the Lord to give me strength and guidance for every day living. It is also easier for me to share Christ with others. – *Robert Horn, St. Thomas Lutheran Church, Brick, NJ*

Nearly half of the members of our church, including our pastor, have attended a Tres Dias weekend. As a result, we have deeper and stronger fellowship in the whole church. Our Bible study group is now vibrant and is providing more opportunities for leadership. We are also seeing God's power at work as we pray for our community. We have a renewed passion for outreach and evangelism. – *Claudette Reid, Brookdale Reformed Church, Bloomfield, NJ*

It was in the loving, supportive community of Tres Dias where I learned the secret to utter joy: follow Jesus in total obedience.  
– *Brenda Buxbaum, Clinton Church of the Nazarene, Clinton, NJ*

At Tres Dias I grasped how much God truly loves me! And that empowered me to share God's love with others. Since 1996 I've gone to Trenton State Prison three times a month with ten other men, where we run a support group for Christian inmates – all 'lifers.' It is a joy to see them growing spiritually and to hear how they are spreading God's love to others in the prison.  
– *Denny Wene, High Bridge United Methodist Church, High Bridge, NJ*

# Tres Dias of Northern NJ



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Tres Dias of Northern New Jersey  
<http://www.tresdiasnj.org>



**Building up the  
body of Christ  
by helping Christians follow  
the teachings of Christ**

### **The Purpose of Tres Dias**

Tres Dias weekends are designed to help Christians explore how they might apply the teachings of Christ to their daily lives.

Tres Dias weekends are also an important resource for the spiritual renewal of congregations, stimulating greater service and producing a vibrant fellowship.

### **What happens on a Tres Dias weekend**

Tres Dias (“three days” in Spanish) weekends are centered around a series of short talks given by team members – ordinary Christians from churches throughout New Jersey, and two clergypersons. The talks present ways of applying Christ’s teachings to our daily lives. Discussions and other activities help make Christ’s teachings come alive.

During the weekend, participants worship, study and fellowship with one another in a cloistered Christian community, gaining a deeper, permanent living awareness of their faith and its application to their daily lives.

Separate weekends are held for men and women. For married couples, the husband attends a weekend first. The weekend begins Thursday evening and ends the following Sunday evening. Participants must be present for the entire three days.

The atmosphere of Tres Dias is one of Christian fellowship, joy, love, worship and peace.

### **History of Tres Dias**

Tres Dias weekends are an outgrowth of Cursillo de Cristiandad (“a short course in Christian living”), which has been a tool for church renewal since its beginning in 1949 in the Roman Catholic Church in Spain. The founders hoped it would bring a renewed spirit of Christianity to the modern world. Millions of Christians around the world have participated in Cursillo-like weekends.

The Cursillo movement was introduced in the United States in 1957, where it quickly spread to various parts of the country.

Tres Dias is the ecumenical version of Cursillo. It is open to all Christians. The first Tres Dias weekend was held in Newburgh, New York in 1972.

A few years later Tres Dias of Northern New Jersey was formed. It is one of over 70 Tres Dias communities around the world.

### **How to attend a weekend**

Participants, called candidates, must be at least 21 years old and must be sponsored by someone who has attended a Tres Dias weekend. Space is limited. Generally applications must be received at least two weeks before the weekend begins.

For further information and for an application form, please speak with the person who gave you this brochure. You will find additional contact information on the back of the brochure.

### **Dates for upcoming Tres Dias weekends**

#### **All are currently scheduled to be held at:**

Sacred Heart retreat center  
20 Old Swartswood Road  
Newton, NJ 07860

#### **For Men:**

# 123 April 25 – 28, 2019

# 124 Nov 14 – 17, 2019

# 125 Apr 30 – May 3, 2020

# 126 Nov 12 – 15, 2020

#### **For Women:**

# 120 May 2 - 5, 2019

# 121 Nov 21 – 24, 2019

# 122 May 7 – 10, 2020

# 123 Nov 19 – 22, 2020

#### **Cost**

Candidates or their sponsors are asked to make a contribution to Tres Dias of Northern New Jersey. Please ask your sponsor for details.